



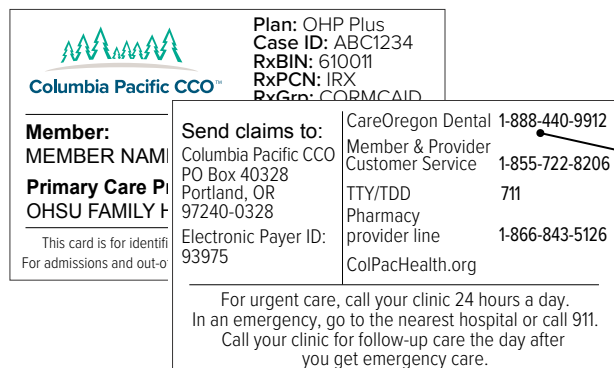
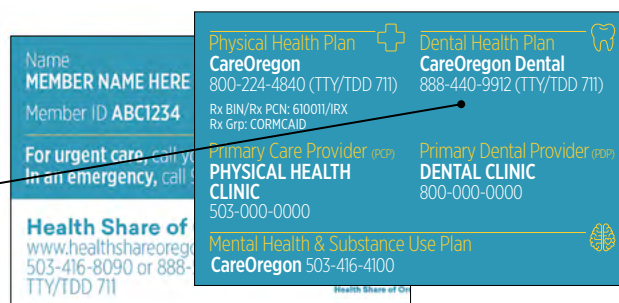
Welcome to CareOregon Dental



What to expect and what to do

The ID Card you receive in the mail shows your dental insurance information on the back.

For members of Health Share, this is listed on your Health Share ID Card.



For members of Columbia Pacific CCO, this is listed on your CPCCO ID card.

Please bring this card with you whenever you see a dentist.

Make an appointment soon

It's important to have regular checkups. To make an appointment:

1. Call your dental clinic during office hours.
2. Tell the office you have CareOregon Dental and why you want to see a dentist.
3. If you need an interpreter at your appointment, tell the clinic staff when you make the appointment.

You can change your dental clinic

The following pages list other clinics that accept CareOregon Dental.

If you want to change your clinic, call us:

- Portland area: 503-416-1444
- Toll-free: 888-440-9912
- TTY: 711

Your dental benefits

Exams, X-rays and cleanings,* at least once a year
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Sealants* (protective coating for molars; members 15 years old and under)

Fluoride treatments*

Deep cleaning for gum disease

Fillings

Crowns* (limited)

Tooth removal

Partial dentures, generally every five years
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Full dentures, generally every 10 years

Root canals* (limited)

Braces for members 20 and under (very limited)
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Note: Some benefits have limits or need pre-approval from your dental plan. A star (*) in the chart means a service may be covered beyond the limits listed for members under 21, if medically necessary and appropriate.

Questions? Ask your dentist. Or contact your dental plan. The phone number is on your Member ID card.

Specialty dental care

If your dentist decides that you need specialty care, they may refer you. We have a network of dental specialists available.

Dental clinic information*

Clackamas County area

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711

110 Beavercreek Rd, Suite 100, Oregon City, OR 97045

clackamas.us/healthcenters/beavercreek.html

Gladstone Health Center

503-655-8471 | TTY 711

18991 Portland Ave, Gladstone, OR 97027

Ages accepted: 0-18

clackamas.us/healthcenters/gladstone.html

Neighborhood Health Center — Canby Medical & Dental Clinic

503-941-3055 | TTY 711

227 NW 3rd Ave, Canby, OR 97013

nhcoregon.org/clinics/nhc-canby-medical-and-dental-clinic

Neighborhood Health Center — Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711

3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222

nhcoregon.org/providers/nhc-milwaukie-dental-clinic-joseph-bernard-jr-dental-clinic

Neighborhood Health Center — Oregon City Dental Clinic

503-941-3064 | TTY 711

19029 S Beavercreek Rd, Oregon City, OR 97045

nhcoregon.org/clinics/nhc-oregon-city-medical-clinic

Sandy Health Center

503-655-8471

39740 Pleasant St, Sandy, OR 97055

clackamas.us/healthcenters/sandyhealth.html

*You can find the complete clinic directory online at:
careoregondental.org/members/find-a-dentist

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711

9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015

[*clackamas.us/healthcenters/sunnyside.html*](http://clackamas.us/healthcenters/sunnyside.html)

Marion County area

Yakima Valley Farm Workers Clinic Salud Medical Center

503-982-2010 (SMS capable) | TTY 711

1175 Mt. Hood Ave, Woodburn, OR 97071

[*yvfwc.com/locations/salud-medical-center*](http://yvfwc.com/locations/salud-medical-center)

Multnomah County area

Billi Odegaard Dental Clinic

503-988-5770 | TTY 711

33 NW Broadway, Suite 380, Portland, OR 97209

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

East County Dental Clinic

503-988-4900 | TTY 711

600 NE 8th St, Gresham, OR 97030

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Mid-County Dental Clinic

503-988-3410 | TTY 711

12710 SE Division St, Portland, OR 97236

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Native American Rehabilitation Association of the NW, Inc. (NARA) Dental Clinic

971-347-3009 | TTY 711

12750 SE Stark St, Building E, Portland, OR 97233

[*naranorthwest.org*](http://naranorthwest.org)

North Portland Dental Clinic

503-988-5990

9000 N Lombard St, Portland, OR 97203

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711

214 N Russell St, Portland, OR 97227

[*ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic*](https://ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic)

Rockwood Dental Clinic

503-988-4988 | TTY 711

2020 SE 182nd Ave, Portland, OR 97233

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Rosewood Family Health Center

503-261-2660 (SMS capable) | TTY 711

3530 SE 88th Ave, Portland, OR 97266

[*yvwfwc.com/locations/rosewood-family-health-center*](https://yvwfwc.com/locations/rosewood-family-health-center)

Southeast Dental Clinic

503-988-4410 | TTY 711

3653 SE 34th Ave, Portland, OR 97202

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711

18633 SE Stark St, Suite 401, Portland, OR 97233

[*mywallace.org/health-and-care-centers/rockwood-dental-clinic*](https://mywallace.org/health-and-care-centers/rockwood-dental-clinic)

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711

18139 NE Couch St, Portland, OR 97230

[*mywallace.org/health-and-care-centers/rosewood-dental-clinic*](https://mywallace.org/health-and-care-centers/rosewood-dental-clinic)

Washington County area

Neighborhood Health Center — Tanasbourne

503-848-5861 | TTY 711

10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124

[*nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic*](https://nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic)

Virginia Garcia — Beaverton Dental at The Round

503-718-3675 | TTY 711

12600 SW Crescent St, Suite 190, Beaverton, OR 97005

[*viriniagarcia.org/locations/beaverton*](http://viriniagarcia.org/locations/beaverton)

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711

2725 SW Cedar Hills Blvd, Suite 200, Beaverton, OR 97005

[*viriniagarcia.org/service/dental*](http://viriniagarcia.org/service/dental)

Virginia Garcia — Cornelius Dental Clinic

503-359-8505 | TTY 711

44 N 11th Avenue, Cornelius, OR 97113

[*viriniagarcia.org/locations/cornelius*](http://viriniagarcia.org/locations/cornelius)

Virginia Garcia — Hillsboro Dental Clinic

503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123

[*viriniagarcia.org/locations/hillsboro*](http://viriniagarcia.org/locations/hillsboro)

Tillamook County area

Nehalem Bay Health Center & Pharmacy

800-368-5182 | TTY 711

885 Nehalem Blvd, Wheeler, OR 97147

[*nehalembayhealth.org*](http://nehalembayhealth.org)

Tillamook County Community Health Center

503-842-2356 | TTY 711

805 Ivy Avenue, Suite B, Tillamook, OR 97141

[*tillamookchc.org/dental*](http://tillamookchc.org/dental)

SandCreek Dental

503-673-2676 | TTY 711

1010 Main Ave, Tillamook, OR 97141

[*tillamooksmiles.com*](http://tillamooksmiles.com)

Arrow Dental — Astoria

503-338-6000 | TTY 711
433 30th St, Astoria, OR 97103
[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Arrow Dental — Clatskanie

503-728-2114 | TTY 711
400 SW Belair, Clatskanie, OR 97016
[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Yamhill County area

Virginia Garcia — McMinnville Clinic

503-883-4700 | TTY 711
115 NE May Lane, McMinnville, OR 97128
[*viriniagarcia.org/locations/mcminnville*](http://viriniagarcia.org/locations/mcminnville)

Virginia Garcia — Newberg Dental Clinic

971-281-3050 | TTY 711
2251 E Hancock St, Suite 106, Newberg, OR 97132
[*viriniagarcia.org/service/dental*](http://viriniagarcia.org/service/dental)

You can get this document in other languages, large print, braille or a format you prefer. You also have the right to an interpreter. You can get help from a certified or qualified health care interpreter. This help is free. Call 888-440-9912, TTY 711, or tell your provider. We accept relay calls.



careoregondental.org

Portland area: 503-416-1444

Toll-free: 888-440-9912

TTY: 711

COD-251016950-LP-EN-1226