



欢迎加入 CareOregon Dental



注意事项与须知事项

您通过邮寄方式收到的 ID 卡背面，会显示您的牙科保险信息。

针对 Health Share 的会员，该信息会显示在您的 Health Share ID 卡上。



Colum
MEME
MEME
Primary
OHSU
This card is for admission only

Send claims to:
Columbia Pacific CCO
PO Box 40328
Portland, OR 97240-0328
Electronic Payer ID: 93975

Plan: OHP Plus
Case ID: ABC1234
RxBIN: 610011

CareOregon Dental 1-888-440-9912
Member & Provider Customer Service 1-855-722-8206
TTY/TDD 711
Pharmacy provider line 1-866-843-5126
ColPacHealth.org

For urgent care, call your clinic 24 hours a day.
In an emergency, go to the nearest hospital or call 911.
Call your clinic for follow-up care the day after you get emergency care.

Name
MEMBER NAME HERE

Member ID **ABC123**

For urgent care, call
In an emergency, call

Health Share
www.healthshare.org
503-416-8090 or 800-440-9912
TTY/TDD 711

Physical Health Plan
CareOregon
800-274-1840 (TTY/TDD 711)
RX BIN/Rx PCN: 610011/RX
Rx Grp: CORP/CAID

Primary Care Provider open
PHYSICAL HEALTH CLINIC
503-000-0000

Dental Health Plan
CareOregon Dental
888-440-9912 (TTY/TDD 711)

Primary Dental Provider open
DENTAL CLINIC
800-000-0000

Mental Health & Substance Use Plan
CareOregon 503-416-4100

针对 Columbia Pacific CCO 的会员，该信息会显示在您的 CPCCO ID 卡上。

请在每次看牙医时务必携带此卡。

请尽快预约

定期牙科检查非常重要。

预约方法：

1. 在办公时间内致电您的牙科诊所。
2. 告知诊所您拥有 CareOregon Dental，并说明您希望看牙医的原因。
3. 如果您在就诊时需要口译员服务，请在预约时告知诊所工作人员。

您可以更换牙科诊所

以下页面列出了接受 CareOregon Dental 的其他牙科诊所。

如果您想更换诊所，请致电我们：

- Portland 地区：503-416-1444
- 免费电话：888-440-9912
- TTY：711

您的牙科福利

每年至少一次的检查、X 光和清洁*
窝沟封闭*（磨牙保护涂层； 适用于 15 岁及以下会员）
氟化物处理*
牙龈疾病的深层清洁
填充
牙冠*（受限制）
牙齿拔除
局部义齿，通常每五年更换一次
全口义齿，通常每 10 年更换一次
根管*（受限制）
牙套（适用于 20 岁及以下会员，非常受限制）

注意：部分福利有使用限制或需要获得牙科计划的预先批准。表中带星号 (*) 的服务，对于 21 岁以下的会员，如果医疗上有必要且适当，可能会获得超出所列限制的承保保障。

有问题？请咨询您的牙医。或联系您的牙科保险计划。电话号码可在您的会员 ID 卡上找到。

专科牙科护理服务

如果您的牙医认为您需要专科治疗，他们可能会为您转诊。我们有一个牙科专科医生网络可供选择。

牙科诊所信息*

Clackamas County 地区

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711

110 Beavercreek Rd, Suite 100, Oregon City, OR 97045

clackamas.us/healthcenters/beavercreek.html

Gladstone Health Center

503-655-8471 | TTY 711

18991 Portland Ave, Gladstone, OR 97027

接受年龄：0-18 岁

clackamas.us/healthcenters/gladstone.html

Neighborhood Health Center — Canby Medical & Dental Clinic

503-941-3055 | TTY 711

227 NW 3rd Ave, Canby, OR 97013

nhcoregon.org/clinics/nhc-canby-medical-and-dental-clinic

Neighborhood Health Center — Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711

3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222

nhcoregon.org/providers/

nhc-milwaukie-dental-clinic-joseph-bernard-jr-dental-clinic

Neighborhood Health Center — Oregon City Dental Clinic

503-941-3064 | TTY 711

19029 S Beavercreek Rd, Oregon City, OR 97045

nhcoregon.org/clinics/nhc-oregon-city-medical-clinic

*您可以在网上查找到完整的诊所目录，网址：

careoregondental.org/members/find-a-dentist

Sandy Health Center

503-655-8471

39740 Pleasant St, Sandy, OR 97055

[*clackamas.us/healthcenters/sandyhealth.html*](http://clackamas.us/healthcenters/sandyhealth.html)

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711

9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015

[*clackamas.us/healthcenters/sunnyside.html*](http://clackamas.us/healthcenters/sunnyside.html)

Marion County 地区

Yakima Valley Farm Workers Clinic Salud Medical Center

503-982-2010 (可接收短信) | TTY 711

1175 Mt. Hood Ave, Woodburn, OR 97071

[*yvwfc.com/locations/salud-medical-center*](http://yvwfc.com/locations/salud-medical-center)

Multnomah County 地区

Billi Odegaard Dental Clinic

503-988-5770 | TTY 711

33 NW Broadway, Suite 380, Portland, OR 97209

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

East County Dental Clinic

503-988-4900 | TTY 711

600 NE 8th St, Gresham, OR 97030

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Mid-County Dental Clinic

503-988-3410 | TTY 711

12710 SE Division St, Portland, OR 97236

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

**Native American Rehabilitation Association of the NW, Inc.
(NARA) Dental Clinic**

971-347-3009 | TTY 711

12750 SE Stark St, Building E, Portland, OR 97233

[*naranorthwest.org*](http://naranorthwest.org)

North Portland Dental Clinic

503-988-5990

9000 N Lombard St, Portland, OR 97203

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Northeast Dental Clinic

503-988-3664 | TTY 711

5329 NE Martin Luther King Jr Blvd, Portland, OR 97211

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711

214 N Russell St, Portland, OR 97227

[*ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic*](http://ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic)

Rockwood Dental Clinic

503-988-4988 | TTY 711

2020 SE 182nd Ave, Portland, OR 97233

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Rosewood Family Health Center

503-261-2660 (可接收短信) | TTY 711

3530 SE 88th Ave, Portland, OR 97266

[*yvfwc.com/locations/rosewood-family-health-center*](http://yvfwc.com/locations/rosewood-family-health-center)

Southeast Dental Clinic

503-988-4410 | TTY 711

3653 SE 34th Ave, Portland, OR 97202

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711

18633 SE Stark St, Suite 401, Portland, OR 97233

[*mywallace.org/health-and-care-centers/rockwood-dental-clinic*](https://mywallace.org/health-and-care-centers/rockwood-dental-clinic)

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711

18139 NE Couch St, Portland, OR 97230

[*mywallace.org/health-and-care-centers/rosewood-dental-clinic*](https://mywallace.org/health-and-care-centers/rosewood-dental-clinic)

Washington County 地区

Neighborhood Health Center — Tanasbourne

503-848-5861 | TTY 711

10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124

[*nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic*](https://nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic)

Virginia Garcia — Beaverton Dental at The Round

503-718-3675 | TTY 711

12600 SW Crescent St, Suite 190, Beaverton, OR 97005

[*viriniagarcia.org/locations/beaverton*](https://viriniagarcia.org/locations/beaverton)

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711

2725 SW Cedar Hills Blvd, Suite 200, Beaverton, OR 97005

[*viriniagarcia.org/service/dental*](https://viriniagarcia.org/service/dental)

Virginia Garcia — Cornelius Dental Clinic

503-359-8505 | TTY 711

44 N 11th Avenue, Cornelius, OR 97113

[*viriniagarcia.org/locations/cornelius*](http://viriniagarcia.org/locations/cornelius)

Virginia Garcia — Hillsboro Dental Clinic

503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123

[*viriniagarcia.org/locations/hillsboro*](http://viriniagarcia.org/locations/hillsboro)

Tillamook County 地区

Nehalem Bay Health Center & Pharmacy

800-368-5182 | TTY 711

885 Nehalem Blvd, Wheeler, OR 97147

[*nehalembayhealth.org*](http://nehalembayhealth.org)

Tillamook County Community Health Center

503-842-2356 | TTY 711

805 Ivy Avenue, Suite B, Tillamook, OR 97141

[*tillamookchc.org/dental*](http://tillamookchc.org/dental)

SandCreek Dental

503-673-2676 | TTY 711

1010 Main Ave, Tillamook, OR 97141

[*tillamooksmiles.com*](http://tillamooksmiles.com)

Arrow Dental — Astoria

503-338-6000 | TTY 711

433 30th St, Astoria, OR 97103

[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Arrow Dental — Clatskanie

503-728-2114 | TTY 711

400 SW Belair, Clatskanie, OR 97016

[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Yamhill County 地区

Virginia Garcia — McMinnville Clinic

503-883-4700 | TTY 711

115 NE May Lane, McMinnville, OR 97128

[*viriniagarcia.org/locations/mcminnville*](http://viriniagarcia.org/locations/mcminnville)

Virginia Garcia — Newberg Dental Clinic

971-281-3050 | TTY 711

2251 E Hancock St, Suite 106, Newberg, OR 97132

[*viriniagarcia.org/service/dental*](http://viriniagarcia.org/service/dental)

您可获得以其他语言、大字体、盲文或您喜欢的格式提供的该文件。您还有权获得由口译员提供的翻译协助。您可以从经认证或合格的医疗保健口译员那里获得帮助。这项帮助是免费的。请致电 888-440-9912，听障或语言障碍人士请拨打 TTY 711 进行咨询，或告知您的服务提供方。我们接受中继呼叫。



careoregondental.org

Portland 地区：503-416-1444

免费电话：888-440-9912

TTY：711

COD-251016950-SC-1030