



Kusoo dhawoow CareOregon Dental



Waxa aad ka filan karto iyo waxa loo baahanyahay inaad samayso

Kaarka Aqoonsiga ee aad boostada ka heshay wuxuu ku tusayaa macluumaadka caymiskaaga ilkaha oo dhinaca gadaale kaga qoran.

Xubnaha Health Share, waxaa la idin kugu qoray Kaarkiina Aqoonsiga Health Share.

	Plan: OHP Plus Case ID: ABC1234 RxBIN: 610011 RxPCN: IRX RxGrp: CORMCAID
Member: MEMBER NAME Primary Care Provider: OHSU FAMILY HEALTH	Send claims to: Columbia Pacific CCO PO Box 40328 Portland, OR 97240-0328 Electronic Payer ID: 93975
This card is for identification For admissions and out-of-network care.	CareOregon Dental 1-888-440-9912 Member & Provider Customer Service 1-855-722-8206 TTY/TDD 711 Pharmacy provider line 1-866-843-5126 ColPacHealth.org
For urgent care, call your clinic 24 hours a day. In an emergency, go to the nearest hospital or call 911. Call your clinic for follow-up care the day after you get emergency care.	

Name MEMBER NAME HERE Member ID ABC1234 For urgent care, call your clinic 24 hours a day. In an emergency, call 911. Health Share of Oregon www.healthshareoregon.org 503-416-8090 or 888-440-9912 TTY/TDD 711	Physical Health Plan CareOregon 800-224-4840 (TTY/TDD 711) Rx BIN/Rx PCN: 610011/IRX Rx Grp: CORMCAID Primary Care Provider (PCP) PHYSICAL HEALTH CLINIC 503-000-0000 Mental Health & Substance Use Plan CareOregon 503-416-4100	Dental Health Plan CareOregon Dental 888-440-9912 (TTY/TDD 711) Primary Dental Provider (PDP) DENTAL CLINIC 800-000-0000
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Xubnaha Columbia Pacific CCO, tiina waxaa lagu qoray kaarkiina aqoonsiga ee CPCCO.

Fadlan soo qaado kaarkan markasta oo aad dhakhtarka ilkaha la kulmayso.

Si dhakhso ah ballan u qabsato

Waa muhiim inaad baaritaano joogto ah marto. Si aad ballan u qabsato:

1. Wac goobtaada caafimaadka ilkaha xiliyada xaafiisku furanyahay.
2. U sheeg xaafiiska inaad leedahay CareOregon Dental iyo sababta aad u doonayso inaad la kulanto dhakhtarka ilkaha.
3. Haddii aad tarjumaan u baahan tahay intaad balanta kujirto, u sheeg shaqaalaha goobta caafimaadka marka aad balanta qabsanayso.

Waad badalan kartaa goobtaada caafimaadka ilkaha

Bogogga soo socda waxay qorayaan goobaha caafimaadka ee aqbalaya CareOregon Dental.

Haddii aad doonayso inaad goobtaada caafimaadka badasho, na soo wac:

- Aagga Portland: 503-416-1444
- Bilaash ku wac: 888-440-9912
- TTY: 711

Dheefahaaga daryeelka ilkaha

Baaritaanada, raajada iyo nadiifinta,* ugu yaraan sannadkii hal mar

Daboolista* (daboolka difaaca u ah miciyaha;
xubnaha 15 sanno jirada ah ama kasii yar)

Ku daaweynta maadada fluoride*

Nadiifinta aadka ah ee loogu tala galay cudurada ku dhaca cirridka

Buuxinta

Qaybta kore ee ilkaha* (kooban)

Saarista ilkaha

Xirista qaybta ah ee ilkaha macmalka ah, si guud shantii sannoba mar

Xirista buuxda ee ilkaha macmalka ah, si guud 10kii sannoba mar

Daawaynta xididka iligga* (kooban)

Biraha ilkaha lagu xirto ee loogu tala galay xubnaha 20 sanno jirada ah ama kasii yar (aad u xadidan)

Fiiro gaar ah: Dheefaha qaarkood waa kuwo xadidan waxayna u baahanyihiin inuu qorshaha caafimaadka ilkuhu ogolaansho hormaris ah siiyo. Xiddig (*) dulsaaran macluumaadka kaalmooyinka micnaheedu waa in ay suurtagal tahay in adeegga laga daboolayo si xadka ka baxsan xubnaha da'doodu ka yartahay 21 sanno, haddii ay caafimaad ahaan lagama maarmaan noqoto ayna haboontahay.

Wax su'aalo ah ma qabtaa? Waydii dhakhtarkaaga ilkaha: Ama la xiriir qorshahaaga caafimaadka ilkaha. Lambarka teleefoonka wuxuu ku qoranyahay kaarkaaga aqoonsiga xubinimada.

Daryeelka ilkaha gaarka ah

Haddii dhakhtarkaaga ilkuhu go'aansado inaad u baahantahay daryeel gaar ah, waa uu kuu soo gudbin karaa. Waxaan leenahay shabakad khabaro dhakhaatiirta ilkaha ah oo diyaar ah.

Macluumaadka dhakhtarka ilkaha*

Aagga Clackamas County

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711

110 Beavercreek Rd, Suite 100, Oregon City, OR 97045

clackamas.us/healthcenters/beavercreek.html

Gladstone Health Center

503-655-8471 | TTY 711

18991 Portland Ave, Gladstone, OR 97027

Da'da la qablayo: 0-18

clackamas.us/healthcenters/gladstone.html

Neighborhood Health Center — Canby Medical & Dental Clinic

503-941-3055 | TTY 711

227 NW 3rd Ave, Canby, OR 97013

nhcoregon.org/clinics/nhc-canby-medical-and-dental-clinic

Neighborhood Health Center — Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711

3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222

nhcoregon.org/providers/nhc-milwaukie-dental-clinic-joseph-bernard-jr-dental-clinic

Neighborhood Health Center — Oregon City Dental Clinic

503-941-3064 | TTY 711

19029 S Beavercreek Rd, Oregon City, OR 97045

nhcoregon.org/clinics/nhc-oregon-city-medical-clinic

Sandy Health Center

503-655-8471

39740 Pleasant St, Sandy, OR 97055

clackamas.us/healthcenters/sandyhealth.html

**Waxaad macluumaadka caafimaadka oo buuxda ka heli kartaa onleenka:*

careoregondental.org/members/find-a-dentist

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711

9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015

[**clackamas.us/healthcenters/sunnyside.html**](http://clackamas.us/healthcenters/sunnyside.html)

Aagga Marion County

Yakima Valley Farm Workers Clinic Salud Medical Center

503-982-2010 (Taageera Adeegga Farriimaha Gaagaaban ee SMS-ka) | TTY 711

1175 Mt. Hood Ave, Woodburn, OR 97071

[**yvwfc.com/locations/salud-medical-center**](http://yvwfc.com/locations/salud-medical-center)

Aagga Multnomah County

Billi Odegaard Dental Clinic

503-988-5770 | TTY 711

33 NW Broadway, Suite 380, Portland, OR 97209

[**multco.us/primary-care-and-dental/dental-clinic-locations-hours**](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

East County Dental Clinic

503-988-4900 | TTY 711

600 NE 8th St, Gresham, OR 97030

[**multco.us/primary-care-and-dental/dental-clinic-locations-hours**](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Mid-County Dental Clinic

503-988-3410 | TTY 711

12710 SE Division St, Portland, OR 97236

[**multco.us/primary-care-and-dental/dental-clinic-locations-hours**](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Native American Rehabilitation Association of the NW, Inc. (NARA) Dental Clinic

971-347-3009 | TTY 711

12750 SE Stark St, Building E, Portland, OR 97233

[**naranorthwest.org**](http://naranorthwest.org)

North Portland Dental Clinic

503-988-5990

9000 N Lombard St, Portland, OR 97203

[**multco.us/primary-care-and-dental/dental-clinic-locations-hours**](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Northeast Dental Clinic

503-988-3664 | TTY 711

5329 NE Martin Luther King Jr Blvd, Portland, OR 97211

[***multco.us/primary-care-and-dental/dental-clinic-locations-hours***](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711

214 N Russell St, Portland, OR 97227

[***ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic***](https://ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic)

Rockwood Dental Clinic

503-988-4988 | TTY 711

2020 SE 182nd Ave, Portland, OR 97233

[***multco.us/primary-care-and-dental/dental-clinic-locations-hours***](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Rosewood Family Health Center

503-261-2660 (Taageera Adeegga Farriimaha Gaagaaban ee SMS-ka) | TTY 711

3530 SE 88th Ave, Portland, OR 97266

[***yvfwc.com/locations/rosewood-family-health-center***](https://yvfwc.com/locations/rosewood-family-health-center)

Southeast Dental Clinic

503-988-4410 | TTY 711

3653 SE 34th Ave, Portland, OR 97202

[***multco.us/primary-care-and-dental/dental-clinic-locations-hours***](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711

18633 SE Stark St, Suite 401, Portland, OR 97233

[***mywallace.org/health-and-care-centers/rockwood-dental-clinic***](https://mywallace.org/health-and-care-centers/rockwood-dental-clinic)

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711

18139 NE Couch St, Portland, OR 97230

[***mywallace.org/health-and-care-centers/rosewood-dental-clinic***](https://mywallace.org/health-and-care-centers/rosewood-dental-clinic)

Aagga Washington County

Neighborhood Health Center — Tanasbourne

503-848-5861 | TTY 711

10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124

nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic

Virginia Garcia — Beaverton Dental at The Round

503-718-3675 | TTY 711

12600 SW Crescent St, Suite 190, Beaverton, OR 97005

viriniagarcia.org/locations/beaverton

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711

2725 SW Cedar Hills Blvd, Suite 200, Beaverton, OR 97005

viriniagarcia.org/service/dental

Virginia Garcia — Cornelius Dental Clinic

503-359-8505 | TTY 711

44 N 11th Avenue, Cornelius, OR 97113

viriniagarcia.org/locations/cornelius

Virginia Garcia — Hillsboro Dental Clinic

503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123

viriniagarcia.org/locations/hillsboro

Aagga Tillamook County

Nehalem Bay Health Center & Pharmacy

800-368-5182 | TTY 711

885 Nehalem Blvd, Wheeler, OR 97147

nehalembayhealth.org

Tillamook County Community Health Center

503-842-2356 | TTY 711

805 Ivy Avenue, Suite B, Tillamook, OR 97141

tillamookchc.org/dental

SandCreek Dental

503-673-2676 | TTY 711

1010 Main Ave, Tillamook, OR 97141

tillamooksmiles.com

Arrow Dental — Astoria

503-338-6000 | TTY 711

433 30th St, Astoria, OR 97103

arrowdentalclinic.com

Arrow Dental — Clatskanie

503-728-2114 | TTY 711

400 SW Belair, Clatskanie, OR 97016

arrowdentalclinic.com

Aagga Yamhill County

Virginia Garcia — McMinnville Clinic

503-883-4700 | TTY 711

115 NE May Lane, McMinnville, OR 97128

viriniagarcia.org/locations/mcminnville

Virginia Garcia — Newberg Dental Clinic

971-281-3050 | TTY 711

2251 E Hancock St, Suite 106, Newberg, OR 97132

viriniagarcia.org/service/dental

Waxaad dukumiintigaan ku heli kartaa luuqadaha kale, farta waawayn, farta indhoolaha ama nooca aad rabto. Waxaad sidoo kale xaq u leedahay inaad hesho turjubaan. Waxaad caawimaad ka heli kartaa turjubaan daryeelka caafimaadka qaabilsan oo xirfad u leh ama shahaado u haysta. Caawimadaan waa bilaash. Wac 888-440-9912, TTY 711, ama u sheeg bixiyahaaga. Waanu aqbalaynaa wicitaanada xiriirinta dadka maqalka culus.



careoregondental.org

Aagga Portland: 503-416-1444

Bilaash ku wac: 888-440-9912

TTY: 711