



Kusoo dhawoow CareOregon Dental

Waxa aad ka filan karto iyo waxa loo baahanyahay inaad samayso

Kaarka Aqoonsiga ee aad boostada ka heshay wuxuu ku tusayaa macluumaadka caymiskaaga ilkaha oo dhinaca gadaale kaga qoran.

Xubnaha Health Share, waxaa la idin kugu qoray Kaarkiina Aqoonsiga Health Share.

	Plan: OHP Plus Case ID: ABC1234 RxBIN: 610011
Colum	Send claims to:
MEMB	Columbia Pacific CCO
MEME	PO Box 40328
Primai	Portland, OR
OHSU	97240-0328
This ca	Electronic Payer ID:
For admiss	93975
	ColPacHealth.org
	For urgent care, call your clinic 24 hours a day. In an emergency, go to the nearest hospital or call 911. Call your clinic for follow-up care the day after you get emergency care.

Name: MEMBER NAME HERE Member ID: ABC123 For urgent care, call 800-224-4640 (TTY/TDD 711) In an emergency, call 911 Health Share www.healthshare.org 503-416-8090 or 800-224-4640 (TTY/TDD 711)	Physical Health Plan CareOregon 800-224-4640 (TTY/TDD 711) Rx BIN/Rx PCN: 610011/RX Rx Grp: CORMCAD Primary Care Provider PCP PHYSICAL HEALTH CLINIC 503-000-0000 Mental Health & Substance Use Plan CareOregon 503-416-4100	Dental Health Plan CareOregon Dental 888-440-9912 (TTY/TDD 711) Primary Dental Provider DP DENTAL CLINIC 800-000-0000
--	--	---

Xubnaha Columbia Pacific CCO, tiina waxaa lagu qoray kaarkiina aqoonsiga ee CPCCO.

Fadlan soo qaado kaarkan markasta oo aad dhakhtarka ilkaha la kulmayso.

Si dhakhso ah ballan u qabso

Waa muhiim inaad baaritaano joogto ah marto. Si aad ballan u qabsato:

1. Wac goobtaada caafimaadka ilkaha xiliyada xaafiisku furanyahay.
2. U sheeg xaafiiska inaad leedahay CareOregon Dental iyo sababta aad u doonayso inaad la kulanto dhakhtarka ilkaha.
3. Haddii aad tarjumaan u baahan tahay intaad balanta kujirto, u sheeg shaqaalaha goobta caafimaadka marka aad balanta qabsanayso.

Waad badalan kartaa goobtaada caafimaadka ilkaha

Bogogga soo socda waxay qorayaan goobaha caafimaadka ee aqbalaya CareOregon Dental.

Haddii aad doonayso inaad goobtaada caafimaadka badasho, na soo wac:

- Aagga Portland: 503-416-1444
- Bilaash ku wac: 888-440-9912
- TTY: 711

Dheefahaaga daryeelka ilkaha

Baaritaanada, raajada iyo nadiifinta,* ugu yaraan sannadkii hal mar

Daboolista* (daboolka difaaca u ah miciyaha;
xubnaha 15 sanno jirada ah ama kasii yar)

Ku daaweynta maadada fluoride*

Nadiifinta aadka ah ee loogu tala galay cudurada ku dhaca cirridka

Buuxinta

Qaybta kore ee ilkaha* (kooban)

Saarista ilkaha

Xirista qaybta ah ee ilkaha macmalka ah, si guud shantii sannoba mar

Xirista buuxda ee ilkaha macmalka ah, si guud 10kii sannoba mar

Daawaynta xididka iligga* (kooban)

Biraha ilkaha lagu xirto ee loogu tala galay xubnaha 20 sanno jirrada ah ama kasii yar (aad u xadidan)

Fiiro gaar ah: Dheefaha qaarkood waa kuwo xadidan waxayna u baahanyihiin inuu qorshaha caafimaadka ilkuhu ogolaansho hormaris ah siiyo. Xiddig (*) dulaaran macluumaadka kaalmooyinka micnaheedu waa in ay suurtagal tahay in adeegga laga daboolayo si xadka ka baxsan xubnaha da'doodu ka yartahay 21 sanno, haddii ay caafimaad ahaan lagama maarmaan noqoto ayna haboontahay.

Wax su'aalo ah ma qabtaa? Waydii dhakhtarkaaga ilkaha: Ama la xiriir qorshahaaga caafimaadka ilkaha. Lambarka teleefoonka wuxuu ku qoranyahay kaarkaaga aqoonsiga xubinimada.

Daryeelka ilkaha gaarka ah

Haddii dhakhtarkaaga ilkuhu go'aansado inaad u baahantahay daryeel gaar ah, waa uu kuu soo gudbin karaa. Waxaan leenahay shabakad khubaro dhakhaatiirta ilkaha ah oo diyaar ah.

Macluumaadka dhakhtarka ilkaha*

Aagga Clackamas County

Beavercreek Health & Wellness Center

503-655-8471 | TTY 711

110 Beavercreek Rd, Suite 100, Oregon City, OR 97045

clackamas.us/healthcenters/beavercreek.html

Gladstone Health Center

503-655-8471 | TTY 711

18991 Portland Ave, Gladstone, OR 97027

Da'da la qablayo: 0-18

clackamas.us/healthcenters/gladstone.html

Neighborhood Health Center — Canby Medical & Dental Clinic

503-941-3055 | TTY 711

227 NW 3rd Ave, Canby, OR 97013

nhcoregon.org/clinics/nhc-canby-medical-and-dental-clinic

Neighborhood Health Center — Milwaukie Dental Clinic (Joseph Bernard Jr. Dental Clinic)

503-850-4479 | TTY 711

3300 SE Dwyer Dr, Suite 302, Milwaukie, OR 97222

nhcoregon.org/providers/nhc-milwaukie-dental-clinic-joseph-bernard-jr-dental-clinic

Neighborhood Health Center — Oregon City Dental Clinic

503-941-3064 | TTY 711

19029 S Beavercreek Rd, Oregon City, OR 97045

nhcoregon.org/clinics/nhc-oregon-city-medical-clinic

*Waxaad macluumaadka caafimaadka oo buuxda ka heli kartaa onleenka: careoregondental.org/members/find-a-dentist

Sandy Health Center

503-655-8471

39740 Pleasant St, Sandy, OR 97055

[*clackamas.us/healthcenters/sandyhealth.html*](http://clackamas.us/healthcenters/sandyhealth.html)

Sunnyside Health & Wellness Center

503-655-8471 | TTY 711

9775 SE Sunnyside Rd, Suite 200, Clackamas, OR 97015

[*clackamas.us/healthcenters/sunnyside.html*](http://clackamas.us/healthcenters/sunnyside.html)

Aagga Marion County

Yakima Valley Farm Workers Clinic Salud Medical Center

503-982-2010 (Taageera Adeegga Farriimaha Gaagaaban ee SMS-ka) | TTY 711

1175 Mt. Hood Ave, Woodburn, OR 97071

[*yvfwc.com/locations/salud-medical-center*](http://yvfwc.com/locations/salud-medical-center)

Aagga Multnomah County

Billi Odegaard Dental Clinic

503-988-5770 | TTY 711

33 NW Broadway, Suite 380, Portland, OR 97209

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

East County Dental Clinic

503-988-4900 | TTY 711

600 NE 8th St, Gresham, OR 97030

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Mid-County Dental Clinic

503-988-3410 | TTY 711

12710 SE Division St, Portland, OR 97236

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Native American Rehabilitation Association of the NW, Inc. (NARA) Dental Clinic

971-347-3009 | TTY 711

12750 SE Stark St, Building E, Portland, OR 97233

[*naranorthwest.org*](http://naranorthwest.org)

North Portland Dental Clinic

503-988-5990

9000 N Lombard St, Portland, OR 97203

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Northeast Dental Clinic

503-988-3664 | TTY 711

5329 NE Martin Luther King Jr Blvd, Portland, OR 97211

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

OHSU Russell Street Dental Clinic

503-494-6822 | TTY 711

214 N Russell St, Portland, OR 97227

[*ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic*](http://ohsu.edu/dental-clinics/ohsu-russell-street-dental-clinic)

Rockwood Dental Clinic

503-988-4988 | TTY 711

2020 SE 182nd Ave, Portland, OR 97233

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](http://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Rosewood Family Health Center

503-261-2660 (Taageera Adeegga Farriimaha Gaagaaban ee SMS-ka) | TTY 711

3530 SE 88th Ave, Portland, OR 97266

[*yvfwc.com/locations/rosewood-family-health-center*](http://yvfwc.com/locations/rosewood-family-health-center)

Southeast Dental Clinic

503-988-4410 | TTY 711

3653 SE 34th Ave, Portland, OR 97202

[*multco.us/primary-care-and-dental/dental-clinic-locations-hours*](https://multco.us/primary-care-and-dental/dental-clinic-locations-hours)

Wallace Dental Clinic at Downtown Rockwood

503-489-1760 | TTY 711

18633 SE Stark St, Suite 401, Portland, OR 97233

[*mywallace.org/health-and-care-centers/rockwood-dental-clinic*](https://mywallace.org/health-and-care-centers/rockwood-dental-clinic)

Wallace Dental Clinic at Rosewood Plaza

503-489-1760 | TTY 711

18139 NE Couch St, Portland, OR 97230

[*mywallace.org/health-and-care-centers/rosewood-dental-clinic*](https://mywallace.org/health-and-care-centers/rosewood-dental-clinic)

Aagga Washington County

Neighborhood Health Center — Tanasbourne

503-848-5861 | TTY 711

10690 NE Cornell Rd, Suite 220, Hillsboro, OR 97124

[*nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic*](https://nhcoregon.org/providers/nhc-tanasbourne-medical-dental-clinic)

Virginia Garcia — Beaverton Dental at The Round

503-718-3675 | TTY 711

12600 SW Crescent St, Suite 190, Beaverton, OR 97005

[*viriniagarcia.org/locations/beaverton*](https://viriniagarcia.org/locations/beaverton)

Virginia Garcia — Beaverton Wellness Center

503-352-7990 | TTY 711

2725 SW Cedar Hills Blvd, Suite 200, Beaverton, OR 97005

[*viriniagarcia.org/service/dental*](https://viriniagarcia.org/service/dental)

Virginia Garcia — Cornelius Dental Clinic

503-359-8505 | TTY 711

44 N 11th Avenue, Cornelius, OR 97113

[*viriniagarcia.org/locations/cornelius*](http://viriniagarcia.org/locations/cornelius)

Virginia Garcia — Hillsboro Dental Clinic

503-352-2354 | TTY 711

730 SE Oak St, Suite A & B, Hillsboro, OR 97123

[*viriniagarcia.org/locations/hillsboro*](http://viriniagarcia.org/locations/hillsboro)

Aagga Tillamook County

Nehalem Bay Health Center & Pharmacy

800-368-5182 | TTY 711

885 Nehalem Blvd, Wheeler, OR 97147

[*nehalembayhealth.org*](http://nehalembayhealth.org)

Tillamook County Community Health Center

503-842-2356 | TTY 711

805 Ivy Avenue, Suite B, Tillamook, OR 97141

[*tillamookchc.org/dental*](http://tillamookchc.org/dental)

SandCreek Dental

503-673-2676 | TTY 711

1010 Main Ave, Tillamook, OR 97141

[*tillamooksmiles.com*](http://tillamooksmiles.com)

Arrow Dental — Astoria

503-338-6000 | TTY 711

433 30th St, Astoria, OR 97103

[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Arrow Dental — Clatskanie

503-728-2114 | TTY 711

400 SW Belair, Clatskanie, OR 97016

[*arrowdentalclinic.com*](http://arrowdentalclinic.com)

Aagga Yamhill County

Virginia Garcia — McMinnville Clinic

503-883-4700 | TTY 711

115 NE May Lane, McMinnville, OR 97128

[*viriniagarcia.org/locations/mcminnville*](http://viriniagarcia.org/locations/mcminnville)

Virginia Garcia — Newberg Dental Clinic

971-281-3050 | TTY 711

2251 E Hancock St, Suite 106, Newberg, OR 97132

[*viriniagarcia.org/service/dental*](http://viriniagarcia.org/service/dental)

Waxaad dukumiintigaan ku heli kartaa luuqadaha kale, farta waawayn, farta indhoolaha ama nooca aad rabto. Waxaad sidoo kale xaq u leedahay inaad hesho turjubaan. Waxaad caawimaad ka heli kartaa turjubaan daryeelka caafimaadka qaabilsan oo xirfad u leh ama shahaado u haysta. Caawimadaan waa bilaash. Wac 888-440-9912, TTY 711, ama u sheeg bixiyahaaga. Waanu aqbalaynaa wicitaanada xiriirinta dadka maqalka culus.



careoregondental.org

Aagga Portland: 503-416-1444

Bilaash ku wac: 888-440-9912

TTY: 711

COD-251016950-SM-1030