Dear Valued Dental Patient,

At Clackamas County, we are concerned with your experience in our dental clinic. Many people experience anxiety when visiting the dental clinic, and we want to help. We have incorporated methods to better support our patients including this survey, which allows us to recognize your anxiety and modify treatment based on your needs. We have comfort items and counselors available who may be able to help with your dental anxiety. Please answer the following four questions and feel free to share any concerns you have with your dental team. We are excited to create a more positive dental experience for you starting today and moving forward.

In good dental health,

Your Clackamas County Dental Team

**DENTAL ANXIETY SURVEY**

1. If you had an appointment for a dental check-up, how would you feel about it?
   1. I would look forward to it.
   2. I wouldn't care one way or the other.
   3. I would be a little nervous about it.
   4. I would be scared.
   5. I would be very scared of what the dentist will be doing.
2. While you are waiting for the dentist in the dental chair, how do you feel?
   1. Relaxed.
   2. A little nervous.
   3. Nervous.
   4. Anxious.
   5. Very anxious.
3. While you are in the dental chair waiting, the dental staff sets out instruments needed for your filling, how do you feel?
   1. Relaxed.
   2. A little nervous.
   3. Nervous.
   4. Anxious.
   5. Very anxious.
4. While you are waiting to have your teeth cleaned, and the dentist or hygienist is getting out the instruments which will be used to clean your teeth, how do you feel?
   1. Relaxed.
   2. A little nervous.
   3. Nervous.
   4. Anxious.
   5. Very anxious.